

# **Advancing Respectful Conversations**

#### Who is it for?

Recommended for teams that want to improve results with more effective communication.

#### Overview:

This workshop help to address underlying tensions at work, by bringing people together who may be in conflict and teaching them how to initiate challenging conversations in a way that reduces tension and results in win-win outcomes.

#### **Aims & Objectives:**

This workshop aims to help your people to prioritise relationships to achieve high results and the best outcomes for all the team.

By the end of this workshop your people will be able to:

- Identify how different approaches to conflict can result in increased tension
- Prioritise relationships to achieve results
- Engage in courageous conversations to get to win-win
- Agree expectations for future working relationships

### **Outline**

### Conflict at work

- ✓ Identify the right approach for different types of conflict situations
- ✓ Improve your understanding of your approach to conflict

#### Prioritising relationships to achieve results

- ✓ Separate the problem from the person
- ✓ How to enjoy a difference of opinion without feeling attacked

## Advancing respectful conversations

 Courageous conversations to discuss and set expectations for future working relationships

### Format:

The workshop is interactive and requires all participants to be willing to seek new ways of working together if this would be beneficial to the wider team. The session ends with delegates working together to create agreement regarding their future working relationships.