

Respectful Conversations Lunch & Learn

Who is it for?

Recommended for teams that may experience communication breakdowns during their work together



Overview:

This 1.5 hour lunch & Learn session will help you to identify causes of communication breakdown and learn one tool to help reduce the potential for conflict.

Aims & Objectives:

This workshop aims to help your people begin the process of identifying what is getting in the way of respectful conversations.

By the end of this workshop you will be able to:

-  Recognise how our perceptions can lead to misunderstanding and miscommunication
-  Use one technique to reduce conflict at work

Format:

The workshop is a mix of theory and practical skills development. Delegates are encouraged to bring their live issues to the session.